AQUATIC PHYSICAL THERAPY POLICIES

- Welcome to aquatic therapy! your first appointment will be an evaluation only (approx 30 minutes). There will be no need to bring swimming attire. At this appointment your therapist will design an Aquatic Program to personally fit your needs.

- The pool is kept at a very comfortable 90 degrees, and is 4 to 6 feet deep.

- We have a hydraulic chair lift that can enable us to safely get you in and out of the water if necessary weight limit up to 350lbs. Swimming skills are not necessary for participation.

- In order to be changed and ready for your therapy, please arrive 10-15 minutes early to your appointment. No need to arrive early if you do not need to change.

- You will be brought back to the pool area after signing in at the front desk. Please do not get into the pool until the therapist clears you to. NO CHILDREN ALLOWED IN THE POOL AREA.

- You will need to bring your own towel. If you forget your towel we will provide you with one to use that day. Watershoes or some type of slip-on shoe is recommended NO BLACK SOLES PLEASE!!!

- Women please wear a one-piece bathing suit or a tankini style bathing suit. If you don’t have a bathing suit you can wear shorts and a dark colored t-shirt with a bra/sports bra. If you only have a bikini, please wear a dark colored t-shirt over your bikini. If you forget your swimming attire you appointment will be rescheduled.

- Men please wear a shorts-style bathing suit. No underwear or briefs will be acceptable. Changing area and shower are available in the aquatic area bathroom. If you forget your swimming attire you appointment will be rescheduled.

- Store your personal items in cubicles right outside the bathroom, Plastic bags for your wet items will be provided.

- Contacts, glasses and hearing aids may be worn in the pool, as you will not be going under the water, but this will be at your discretion.

- There may be other people in the water with you. Please respect each others’ privacy and do not ask the therapist or patients why they are being treated.

- You will not be allowed in the pool if you have an open cut/wound or unhealed surgery incision. Please inspect your skin prior to leaving home for your aquatic appointment if you are not sure calls us.

WE LOOK FORWARD TO SEEING YOU IN THE POOL!!